Long Term Plan - 2024 / 25 – PE – Year 10

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|  | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 | Week 11 | Week 12 | Week 13 |
| Cycle 1 | **Term 1**  **25/08/24 - B** | **WC-01/09/24** | **WC-08/09/24** | **WC-15/09/24** | **WC-22/09/24** | **WC-29/09/24** | **WC-06/10/24** | **WC-13/10/24** | **Term 2**  **WC-03/11/24** | **WC-10/11/24** | **WC-17/11/24** | **WC-24/11/24** | **WC-01/12/24** |
| Student Induction | Y7 Baseline |  |  |  |  |  |  | Y8/10 Cycle Assessment | Y11 Mocks  Data Day / Planning Day (Thurs/Fri) | Y11 Mocks |  |  |
| PE 1 | Intro Expectations | Volleyball | Volleyball | Volleyball | Handball | Handball  ½ Court if 4 groups on | Handball  ½ Court if 4 groups on | Badminton | Badminton | Badminton | Football | Football | Football |
| PE 2 | Intro Expectations | Handball | Handball | Handball | Volleyball | Volleyball | Volleyball | Football | Football | Football | Badminton | Badminton | Badminton |
| PE 3 | Intro Expectations | Rugby | Rugby | Rugby | Rugby | Netball | Netball | Netball | Netball | HBE | HBE | HBE | HBE |
| PE 4 | Intro Expectations | Rowing with HBE | Rowing with HBE | Rowing with HBE | Rowing with HBE | Rugby | Rugby | Rugby | Rugby | Netball | Netball | Netball | Netball |
| Cycle 2 | **Week 1**  **WC-08/12/24** | **Week 2**  **WC-15/12/24** | **Week 3**  **WC-05/01/25** | **Week 4**  **WC-12/01/25** | **Week 5**  **WC-19/01/25** | **Week 6**  **WC-26/01/25** | **Week 7**  **WC-02/02/25** | **Week 8**  **WC-09/02/25** | **Week 9**  **WC-23/02/25** | **Week 10**  **WC-01/03/25** | **Week 11**  **WC-09/03/25** | **Week 12**  **WC-16/03/25** | **Week 13**  **WC-23/03/25** |
|  |  | **Term 3** | Y7/9 Cycle Assessment |  |  |  | Dixons Conf | **Term 4** | Data Day / planning Day (Thur/Fri) | Y11 Mocks | Y11 Mocks |  |
| PE 1 | Rugby | Rugby | Rugby | Rugby | Rowing with HBE | Rowing with HBE | Rowing with HBE | Rowing with HBE | Netball | Netball | Netball | Netball | Catch Up |
| PE 2 | HBE | HBE | HBE | HBE | Netball  ½ Court if 4 groups on | Netball  ½ Court if 4 groups on | Netball | Netball | Rugby | Rugby | Rugby | Rugby | Catch Up |
| PE 3 | Handball | Handball | Handball | Volleyball | Volleyball | Volleyball | Football | Football | Football | Badminton | Badminton | Badminton | Catch Up  Extra Badminton |
| PE 4 | Volleyball | Volleyball | Volleyball | Handball | Handball  ½ Court | Handball  ½ Court | Badminton | Badminton | Badminton | Football | Football | Football | Catch Up |
| Cycle 3 | **Week 1**  **WC- 30/03/25** | **Week 2**  **WC-20/04/25** | **Week 3**  **WC-27/04/25** | **Week 4**  **WC-04/05/25** | **Week 5**  **WC-11/05/25** | **Week 6**  **WC-18/05/25** | **Week 7**  **WC-01/06/25** | **Week 8**  **WC-08/06/25** | **Week 9**  **WC-15/06/25** | **Week 10**  **WC-22/06/25** | **Week 11**  **WC-29/06/25** | **Week 12**  **WC-06/07/25** | **Week 13**  **WC-13/07/25** |
|  | **Term 5**  Bank Holiday |  | Bank Holiday | GCSE Exams | GCSE Exams | **Term 6**  GCSE Exams | GCSE Exams | GCSE Exams | GCSE Exams |  |  |  |
| PE 1 | Athletics  Track | Athletics  Throw/Jump | Cricket | Cricket | Option 1 | Option 1 |  |  |  |  |  |  |  |
| PE2 | Cricket | Cricket | Athletics  Track | Athletics  Throw/Jump | Option 2 | Option 2 |  |  |  |  |  |  |  |
| PE3 | Athletics  Throw/Jump | Athletics  Track | Cricket/Rounders | Cricket/rounders | Option 3 | Option 3 |  |  |  |  |  |  |  |
| PE4 | Cricket | Cricket | Athletics  Throw/Jump | Athletics  Track | Option 4 | Option 4 |  |  |  |  |  |  |  |