Long Term Plan - 2024 / 25 – PE – Year 10

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 | Week 11 | Week 12 | Week 13 |
| Cycle 1 | Term 125/08/24 - B | WC-01/09/24 | WC-08/09/24 | WC-15/09/24 | WC-22/09/24 | WC-29/09/24 | WC-06/10/24 | WC-13/10/24 | Term 2WC-03/11/24 | WC-10/11/24 | WC-17/11/24 | WC-24/11/24 | WC-01/12/24 |
| Student Induction | Y7 Baseline |  |  |  |  |  |  | Y8/10 Cycle Assessment | Y11 MocksData Day / Planning Day (Thurs/Fri) | Y11 Mocks |  |  |
| PE 1 | Intro Expectations | Volleyball | Volleyball | Volleyball | Handball | Handball½ Court if 4 groups on | Handball½ Court if 4 groups on | Badminton | Badminton | Badminton | Football | Football | Football |
| PE 2 | Intro Expectations | Handball | Handball | Handball | Volleyball | Volleyball | Volleyball | Football | Football | Football | Badminton | Badminton | Badminton |
| PE 3 | Intro Expectations | Rugby | Rugby | Rugby | Rugby | Netball | Netball | Netball | Netball | HBE | HBE | HBE | HBE |
| PE 4 | Intro Expectations | HBE | HBE | HBE | HBE | Rugby | Rugby | Rugby | Rugby | Netball | Netball | Netball | Netball |
| Cycle 2 | Week 1WC-08/12/24 | Week 2WC-15/12/24 | Week 3WC-05/01/25 | Week 4WC-12/01/25 | Week 5WC-19/01/25 | Week 6WC-26/01/25 | Week 7WC-02/02/25 | Week 8WC-09/02/25 | Week 9WC-23/02/25 | Week 10WC-01/03/25 | Week 11WC-09/03/25 | Week 12WC-16/03/25 | Week 13WC-23/03/25 |
|  |   | **Term 3** | Y7/9 Cycle Assessment |  |  |  | Dixons Conf | **Term 4** | Data Day / planning Day (Thur/Fri) | Y11 Mocks | Y11 Mocks |  |
| PE 1 | Rugby | Rugby | Rugby | Rugby | HBE | HBE | HBE | HBE | Netball | Netball | Netball | Netball | Catch Up |
| PE 2 | HBE | HBE | HBE | HBE | Netball½ Court if 4 groups on | Netball½ Court if 4 groups on | Netball | Netball | Rugby | Rugby | Rugby | Rugby | Catch Up |
| PE 3 | Handball | Handball | Handball | Volleyball | Volleyball | Volleyball | Football | Football | Football | Badminton | Badminton | Badminton | Catch UpExtra Badminton |
| PE 4 | Volleyball | Volleyball | Volleyball | Handball | Handball½ Court | Handball½ Court | Badminton | Badminton | Badminton | Football | Football | Football | Catch Up |
| Cycle 3 | Week 1WC- 30/03/25 | Week 2WC-20/04/25 | Week 3WC-27/04/25 | Week 4WC-04/05/25 | Week 5WC-11/05/25 | Week 6WC-18/05/25 | Week 7WC-01/06/25 | Week 8WC-08/06/25 | Week 9WC-15/06/25 | Week 10WC-22/06/25 | Week 11WC-29/06/25 | Week 12WC-06/07/25 | Week 13WC-13/07/25 |
|  | **Term 5**Bank Holiday |  | Bank Holiday | GCSE Exams | GCSE Exams | **Term 6**GCSE Exams | GCSE Exams | GCSE Exams | GCSE Exams |  |  |  |
| PE 1 | Tennis | Tennis | Tennis | Cricket | Cricket | Cricket | Athletics100m | AthleticsThrow/Jump | AthleticsRelay | AthleticsThrow/jump | AthleticsDistance | AthleticsHigh Jump | Catch Up |
| PE2 | AthleticsHigh Jump | Athletics100m | AthleticsRelay | AthleticsDistance | AthleticsThrow/Jump | AthleticsJump/Throw | Cricket | Cricket | Cricket | Tennis | Tennis | Tennis | Catch Up |
| PE3 | AthleticsThrow/Jump | AthleticsHigh Jump | Athletics100m | AthleticsRelay | AthleticsDistance | AthleticsThrow/Jump | Tennis | Tennis | Tennis | Cricket | Cricket | Cricket | Catch Up |
| PE4 | Cricket | Cricket | Cricket | Tennis | Tennis | Tennis | AthleticsDistance | Athletics100m | AthleticsThrow/jump | AthleticsRelay | AthleticsHigh Jump | AthleticsJump/Throw | Catch Up |