

Long Term Plan - 2022 / 23 – PE – Year 10

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	W/C 29/08	W/C 05/09	W/C 12/09	W/C 19/09	W/C 26/09	W/C 03/10	W/C 10/10	W/C 17/10	W/C 07/11	W/C 14/11	W/C 21/11	W/C 28/11	W/C 05/12
	Term 1 Student Induction		Y7 Baseline						Term 2	Data Day / Planning Day Y11 Mocks	Y11 Mocks		
PE 1	Intro Expectations	Volleyball	Volleyball	Volleyball	Handball	Handball	Handball	Badminton	Badminton	Badminton	Football	Football	Football
PE 2	Intro Expectations	Handball	Handball	Handball	Volleyball	Volleyball	Volleyball	Football	Football	Football	Badminton	Badminton	Badminton
PE 3	Intro Expectations	Rugby	Rugby	Rugby	Rugby	HBE	HBE	HBE	HBE	Netball	Netball	Netball	Netball
PE 4	Intro Expectations	HBE	HBE	HBE	HBE	Netball	Netball	Netball	Netball	Rugby	Rugby	Rugby	Rugby
Cycle 2	W/C 12 /12	W/C 02/01	W/C 09/01	W/C 16/01	W/C 23/01	W/C 30/01	W/C 06/02	w/c 20/02	W/C 27/02	W/C 06/03	W/C 13/03	W/C 20/03	W/C 27/03
		Term 3	Y8/10 Cycle Assessment			Y7/9 Cycle Assessment		Term 4	Data day / planning day	Y11 Mocks	Y11 Mocks		
PE 1	Rugby	Rugby	Rugby	Rugby	HBE	HBE	HBE	HBE	Netball	Netball	Netball	Netball	Catch Up
PE 2	HBE	HBE	HBE	HBE	Netball	Netball	Netball	Netball	Rugby	Rugby	Rugby	Rugby	Catch Up
PE 3	Handball	Handball	Handball	Volleyball	Volleyball	Volleyball	Football	Football	Football	Badminton	Badminton	Badminton	Catch Up
PE 4	Volleyball	Volleyball	Volleyball	Handball	Handball	Handball	Badminton	Badminton	Badminton	Football	Football	Football	Catch Up



	W/C 17/04	W/C 24/04	W/C 01/05	W/C 08/05	W/C 15/05	W/C 22/05	W/C 05/06	W/C 12/06	W/C 19/06	W/C 26/06	W/C 03/07	W/C 10/07	W/C 17/07
Cycle 3	Term 5				GCSE Exams	GCSE Exams	Term 6 GCSE Exams	GCSE Exams EOY Assessments	GCSE Exams EOY Assessments		Sport Day's		Data Day / planning Day
PE 1	Tennis	Tennis	Tennis	Cricket	Cricket	Cricket	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Catch Up
PE 2	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Cricket	Cricket	Cricket	Tennis	Tennis	Tennis	Catch Up
PE 3	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Tennis	Tennis	Tennis	Cricket	Cricket	Cricket	Catch Up
PE 4	Cricket	Cricket	Cricket	Tennis	Tennis	Tennis	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Catch Up

