

4 September 2026
RE. PSHE Curriculum

Dear Families,

Welcome back to a new school year at Dixons Cottingley Academy.

At Dixons Academies Trust, we are committed to ensuring that every student receives a high-quality Personal Development Studies (PDS) education that helps them to be safe, healthy, happy and successful, which includes the statutory Relationships, Sex and Health Education curriculum.

This academic year, there is updated statutory guidance from the Department for Education, which came into effect from September 2026. The guidance sets out the knowledge and understanding that children and young people should develop during their time at school, including learning about healthy relationships, online safety, physical and mental health, personal safety and preparation for adult life.

Our approach remains rooted in safeguarding, inclusion, respect and preparation for life in modern Britain. Learning is taught in an age-appropriate, factual and balanced way, supporting all students to thrive.

To help you to understand our approach, the following information is available:

- The Department for Education Relationships, Sex and Health Education statutory guidance (September 2026).
- The Dixons Academies Trust Relationships and Sex Education (RSE) and Health Education Policy on the [policies page](#) of the DAT website, which explains our trust-wide approach to Relationships, Sex and Health Education.
- Our Relationships, Sex and Health Education Curriculum Principles, published on our websites, which provides further details.
- Our long-term plan, which is on our website.

We value the important role that families play in supporting children's learning and development. If there are any questions about the curriculum, or if further information is required, please contact Dixons Cottingley Academy and a member of the team will be happy to help.

Thank you for your continued support.

Kind regards,

Mr S Hussain
Assistant Principal (Personal Development)